

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Heren | 8/09/2010 | 9.075 meter | |
|--------------------------|---------------|------------|----------|---------------|-------|-----------|-------------|-------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | km/u |
| 1 | Stieperaere | Davy | 166 | Varsenare | H1 | 00:30:32 | 1985 | 17,83 |
| 2 | Coopman | Lorenzo | 234 | Oostende | H1 | 00:31:00 | 1976 | 17,56 |
| 3 | Verbeke | Dominique | 127 | Bredene | H2 | 00:31:07 | 1971 | 17,50 |
| 4 | Garnes | Lennard | 169 | Noorwegen | H1 | 00:31:57 | 1978 | 17,04 |
| 5 | De Ketelaere | Luc | 207 | Gistel | H3 | 00:32:14 | 1962 | 16,89 |
| 6 | Hosten | Martijn | 108 | Ichtegem | H1 | 00:32:29 | 1993 | 16,76 |
| 7 | Boone | Dirk | 158 | Oostduinkerke | H3 | 00:32:32 | 1965 | 16,74 |
| 8 | Van Belleghem | Timothy | 70 | Assebroek | H1 | 00:32:50 | 1983 | 16,58 |
| 9 | Debreyne | Frederic | 137 | De Haan | H2 | 00:33:02 | 1971 | 16,48 |
| 10 | Creminger | Bart | 178 | Oostende | H1 | 00:33:04 | 1992 | 16,47 |
| 11 | Ameloot | Frederik | 42 | Oostende | H1 | 00:33:10 | 1977 | 16,42 |
| 12 | Hamers | Peter | 182 | Oostende | H2 | 00:33:13 | 1969 | 16,39 |
| 13 | Verlet | Ben | 339 | Oostende | H1 | 00:33:58 | 1979 | 16,03 |
| 14 | Tondelier | Dimitri | 176 | Leffinge | H2 | 00:34:05 | 1971 | 15,98 |
| 15 | Watthy | Johan | 86 | Gistel | H2 | 00:34:11 | 1967 | 15,93 |
| 16 | Poppe | Alain | 13 | Oostende | H3 | 00:34:14 | 1962 | 15,91 |
| 17 | Tackx | Koen | 183 | Brussel | H2 | 00:34:16 | 1969 | 15,89 |
| 18 | Puystjens | Gino | 119 | Lombardsijde | H3 | 00:34:23 | 1962 | 15,84 |
| 19 | Vrancken | Jacky | 202 | Bredene | H3 | 00:34:26 | 1959 | 15,81 |
| 20 | Florisooone | Hans | 338 | Oostende | H1 | 00:34:33 | 1979 | 15,76 |
| 21 | Quartier | Christophe | 129 | Oostende | H2 | 00:34:36 | 1966 | 15,74 |
| 22 | Patoor | Dirk | 67 | Lochristi | H4 | 00:34:39 | 1955 | 15,71 |
| 23 | Vantygheem | Vincent | 213 | Eernegem | H2 | 00:34:41 | 1972 | 15,70 |
| 24 | Liekens | Peter | 230 | Middelkerke | H2 | 00:34:56 | 1967 | 15,59 |
| 25 | Vandenbergh | Dirk | 229 | Oudenburg | H3 | 00:34:59 | 1964 | 15,56 |
| 26 | Verbiest | Karel | 208 | Knokke | H1 | 00:35:01 | 1979 | 15,55 |
| 27 | Pacque | Hans | 199 | Nieuwpoort | H3 | 00:35:10 | 1963 | 15,48 |
| 28 | Van Camp | Alfons | 165 | Hamme | H4 | 00:35:13 | 1953 | 15,46 |
| 29 | Jonckheere | Koen | 147 | Oostende | H2 | 00:35:14 | 1975 | 15,45 |
| 30 | Deramoudt | Johan | 144 | Lombardsijde | H2 | 00:35:18 | 1970 | 15,42 |
| 31 | Coucke | Francis | 130 | Veurne | H2 | 00:35:21 | 1967 | 15,40 |
| 32 | Rubben | Luc | 159 | Oostende | H3 | 00:35:24 | 1956 | 15,38 |
| 33 | Knockaert | Kevin | 112 | Oudenburg | H1 | 00:35:28 | 1993 | 15,35 |
| 34 | Desmedt | Martin | 83 | Bredene | H3 | 00:35:30 | 1960 | 15,34 |
| 35 | Luypaert | Dirk | 27 | Oostende | H3 | 00:35:42 | 1964 | 15,25 |
| 36 | Sandra | Dieter | 110 | Oostende | H1 | 00:35:47 | 1981 | 15,22 |
| 37 | Poiz | Sigurd | 205 | Oostende | H1 | 00:35:52 | 1979 | 15,18 |
| 38 | Brackman | Thierry | 200 | Veurne | H2 | 00:35:53 | 1970 | 15,17 |
| 39 | Schoolmeester | Jan | 64 | Oostende | H4 | 00:36:15 | 1954 | 15,02 |
| 40 | Lust | Christophe | 171 | Oostduinkerke | H1 | 00:36:17 | 1977 | 15,01 |
| 41 | Casteleyn | David | 188 | Oostende | H1 | 00:36:20 | 1979 | 14,99 |
| 42 | Franco | Niek | 187 | Oostende | H1 | 00:36:23 | 1977 | 14,97 |
| 43 | Laenens | Gunther | 82 | Bredene | H2 | 00:36:25 | 1971 | 14,95 |
| 44 | Naert | Marc | 232 | Oostende | H3 | 00:36:29 | 1965 | 14,92 |
| 45 | Thibout | Jean Marc | 52 | Oostende | H3 | 00:36:32 | 1958 | 14,90 |
| 46 | Tanghe | Philippe | 150 | Gistel | H2 | 00:36:39 | 1967 | 14,86 |
| 47 | Debacker | Curd | 77 | Oostende | H2 | 00:36:41 | 1972 | 14,84 |
| 48 | Westerlinck | Stefaan | 10 | Kortrijk | H1 | 00:36:44 | 1978 | 14,82 |
| 49 | De Groote | Jurgen | 197 | Lombardsijde | H2 | 00:36:48 | 1970 | 14,80 |
| 50 | Vermeulen | Niels | 219 | Oostende | H1 | 00:36:57 | 1995 | 14,74 |
| 51 | Luyckx | Gert | 92 | Ingelmunster | H2 | 00:37:00 | 1970 | 14,72 |
| 52 | Deweert | Marc | 21 | Oostende | H4 | 00:37:07 | 1950 | 14,67 |
| 53 | Coucke | Nicolas | 201 | Veurne | H1 | 00:37:13 | 1996 | 14,63 |
| 54 | Thieren | Dieter | 172 | Leffinge | H1 | 00:37:17 | 1984 | 14,60 |
| 55 | Jaques | Stijn | 109 | Torhout | H1 | 00:37:20 | 1991 | 14,58 |
| 56 | Patoor | Jeroen | 68 | Lochristi | H1 | 00:37:27 | 1995 | 14,54 |
| 57 | Hauweele | Erik | 63 | Lombardsijde | H3 | 00:37:33 | 1960 | 14,50 |
| 58 | Deleu | Peter | 162 | Wielsbeke | H2 | 00:38:04 | 1970 | 14,30 |
| 59 | Gulpen | Bart | 121 | Oostende | H3 | 00:38:10 | 1964 | 14,27 |
| 60 | Vermeersch | Peter | 209 | Bredene | H3 | 00:38:14 | 1965 | 14,24 |

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| | | | | | | | | |
|-----|------------------|-------------|-----|--------------|----|----------|------|-------|
| 61 | Sabbe | Geert | 223 | Oostende | H3 | 00:38:16 | 1960 | 14,23 |
| 62 | Deknudt | Mario | 240 | Leffinge | H1 | 00:38:19 | 1977 | 14,21 |
| 63 | Beyen | Benny | 184 | Oostende | H1 | 00:38:23 | 1986 | 14,19 |
| 64 | Ducheyne | Stevin | 244 | Oostende | H1 | 00:38:25 | 1987 | 14,17 |
| 65 | Jonckheere | Patrick | 249 | Oostende | H4 | 00:38:28 | 1955 | 14,16 |
| 66 | Maes | Diede | 344 | Oostende | H1 | 00:38:32 | 1979 | 14,13 |
| 67 | Patoor | Jonas | 69 | Lochristi | H1 | 00:38:34 | 1992 | 14,12 |
| 68 | Nuytten | Lode | 250 | Oostende | H2 | 00:38:36 | 1968 | 14,11 |
| 69 | Dudal | Marc | 247 | Bredene | H3 | 00:38:39 | 1961 | 14,09 |
| 70 | Vanmullem | Christoph | 224 | Eernegem | H1 | 00:38:41 | 1979 | 14,08 |
| 71 | Pille | Stefaan | 132 | Oostende | H2 | 00:38:45 | 1967 | 14,05 |
| 72 | Rogier | Martin | 248 | Snaaskerke | H3 | 00:38:56 | 1964 | 13,99 |
| 73 | Tyteca | Walter | 143 | Westende | H3 | 00:39:06 | 1957 | 13,93 |
| 74 | Janssen | Jan | 241 | Veurne | H2 | 00:39:09 | 1970 | 13,91 |
| 75 | De Smedt | Tony | 211 | Bredene | H2 | 00:39:15 | 1971 | 13,87 |
| 76 | Felaco | Roberto | 60 | Lodelinsart | H4 | 00:39:36 | 1948 | 13,75 |
| 77 | Devilder | Patrick | 139 | Sint-Andries | H3 | 00:39:41 | 1962 | 13,72 |
| 78 | Demaegdt | Georges | 79 | Oostende | H4 | 00:39:46 | 1946 | 13,69 |
| 79 | Lenaers | Clint | 2 | Oostende | H2 | 00:39:49 | 1970 | 13,68 |
| 80 | Rau | Peter | 19 | Oostende | H3 | 00:39:58 | 1965 | 13,62 |
| 81 | Vermeulen | Gino | 222 | Oostende | H3 | 00:40:01 | 1964 | 13,61 |
| 82 | Van Belleghem | Wim | 226 | Ichtegem | H1 | 00:40:03 | 1978 | 13,60 |
| 83 | Gesquiere | Philip | 345 | Veurne | H1 | 00:40:11 | 1982 | 13,55 |
| 84 | Treve | Eric | 74 | Oostende | H4 | 00:40:12 | 1954 | 13,54 |
| 85 | Vanmassenhove | Stefaan | 210 | Oostende | H1 | 00:40:15 | 1983 | 13,53 |
| 86 | Provost | Rik | 160 | Oostende | H3 | 00:40:25 | 1963 | 13,47 |
| 87 | Biemstman | Jeroen | 61 | Oostende | H1 | 00:40:36 | 1994 | 13,41 |
| 88 | Vanhecke | Stefaan | 225 | Oostende | H2 | 00:40:40 | 1967 | 13,39 |
| 89 | Rammant | Johan | 151 | Gistel | H2 | 00:40:42 | 1971 | 13,38 |
| 90 | Devriendt | Johan | 76 | Oudenburg | H3 | 00:40:44 | 1963 | 13,37 |
| 91 | Poorteman | Kristof | 95 | Bredene | H1 | 00:40:51 | 1978 | 13,33 |
| 92 | Passchyn | Maarten | 332 | Oostende | H1 | 00:40:57 | 1982 | 13,30 |
| 93 | Pylyser | Sven | 49 | Bredene | H3 | 00:41:01 | 1965 | 13,28 |
| 94 | Viaene | Christ | 242 | Veurne | H2 | 00:41:37 | 1968 | 13,08 |
| 95 | Quaeghebeur | Bruno | 94 | Oostende | H1 | 00:41:40 | 1977 | 13,07 |
| 96 | Thieren | Marnix | 84 | Leffinge | H4 | 00:41:42 | 1955 | 13,06 |
| 97 | Gabriels | Thierry | 337 | Jabbeke | H2 | 00:41:46 | 1974 | 13,04 |
| 98 | Declerck | Patrick | 100 | Woumen | H3 | 00:41:55 | 1962 | 12,99 |
| 99 | Vanhoucke | Kris | 195 | Oostende | H2 | 00:41:57 | 1968 | 12,98 |
| 100 | Vandaele | Kristof | 99 | Houthulst | H2 | 00:42:13 | 1974 | 12,90 |
| 101 | Decoster | Patrick | 103 | Izegem | H3 | 00:42:28 | 1960 | 12,82 |
| 102 | Germonprez | Ludwig | 14 | Bredene | H4 | 00:42:33 | 1955 | 12,80 |
| 103 | Claeys | Marino | 114 | Lombardsijde | H2 | 00:42:35 | 1972 | 12,79 |
| 104 | Houtteman | Wim | 173 | Oostende | H3 | 00:42:38 | 1960 | 12,77 |
| 105 | De Petter | Ronny | 181 | Wenduine | H3 | 00:42:44 | 1961 | 12,74 |
| 106 | Pluij | Jeffrey | 113 | Lombardsijde | H1 | 00:42:59 | 1982 | 12,67 |
| 107 | Lostrie | Walter | 18 | Oostende | H4 | 00:43:02 | 1947 | 12,65 |
| 108 | Waeyaert | Pedro | 6 | Oostende | H1 | 00:43:06 | 1978 | 12,63 |
| 109 | Depoorter | Dirk | 246 | Oostende | H3 | 00:43:11 | 1963 | 12,61 |
| 110 | Jungbluth | Rudy | 233 | Oostende | H3 | 00:43:14 | 1965 | 12,59 |
| 111 | De Bruycker | Wim | 93 | Westende | H2 | 00:43:15 | 1975 | 12,59 |
| 112 | Steen | Vital | 342 | Bredene | H2 | 00:43:18 | 1972 | 12,58 |
| 113 | Milh | Lorenzo | 334 | Bredene | H2 | 00:43:20 | 1972 | 12,57 |
| 114 | Daemens | Nicolas | 66 | Gent | H1 | 00:43:23 | 1977 | 12,55 |
| 115 | Werniers | Jean-Claude | 333 | Oostende | H3 | 00:43:29 | 1965 | 12,52 |
| 116 | Van de Woestijne | Firmin | 24 | Watervliet | H4 | 00:43:50 | 1946 | 12,42 |
| 117 | Vijverman | Franky | 343 | Heldergem | H2 | 00:44:01 | 1971 | 12,37 |
| 118 | Vandecasteele | Wouter | 44 | Oostende | H1 | 00:44:06 | 1981 | 12,35 |
| 119 | Mestach | Serge | 53 | Oostende | H2 | 00:44:08 | 1967 | 12,34 |
| 120 | Lasat | Jens | 157 | Oudenburg | H1 | 00:44:10 | 1994 | 12,33 |
| 121 | Waeyaert | Peter | 8 | Oostende | H2 | 00:44:13 | 1969 | 12,31 |
| 122 | Keukeleire | Paul | 148 | Brugge | H3 | 00:44:19 | 1956 | 12,29 |
| 123 | De Beuker | Bart | 347 | Oostende | H3 | 00:44:25 | 1960 | 12,26 |

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| | | | | | | | | |
|-----|-----------------|-----------|-----|--------------|----|----------|------|-------|
| 124 | Decock | Ronny | 45 | Oostende | H4 | 00:44:43 | 1955 | 12,18 |
| 125 | Bossuyt | Tijs | 177 | Hulste | H1 | 00:44:52 | 1987 | 12,14 |
| 126 | Catoor | Danny | 180 | Oostende | H3 | 00:45:11 | 1958 | 12,05 |
| 127 | Lootens | Jozef | 78 | Oostende | H3 | 00:45:13 | 1956 | 12,04 |
| 128 | Vandendriessche | Jacob | 47 | Oostende | H3 | 00:45:32 | 1961 | 11,96 |
| 129 | Vandezande | Michael | 237 | Oostende | H2 | 00:45:42 | 1972 | 11,91 |
| 130 | Jonckheere | Geert | 341 | Bredene | H3 | 00:46:12 | 1957 | 11,79 |
| 131 | Vermeulen | Lars | 217 | Oostende | H1 | 00:46:15 | 1995 | 11,77 |
| 132 | Depoorter | Jim | 245 | Oostende | H1 | 00:46:20 | 1993 | 11,75 |
| 133 | Vandamme | Daniël | 58 | Brugge | H4 | 00:46:24 | 1954 | 11,73 |
| 134 | Mares | Tom | 204 | Oostende | H2 | 00:46:26 | 1975 | 11,73 |
| 135 | Boterberg | Jan | 214 | Oostende | H1 | 00:46:29 | 1986 | 11,71 |
| 136 | Sanders | Thomas | 89 | Oostende | H1 | 00:46:30 | 1990 | 11,71 |
| 137 | Lambert | Wim | 203 | Brugge | H2 | 00:46:52 | 1970 | 11,62 |
| 138 | David | Danny | 71 | Koekelare | H4 | 00:47:04 | 1955 | 11,57 |
| 139 | Lutters | Jan | 349 | Oostende | H3 | 00:47:19 | 1964 | 11,51 |
| 140 | De Craemer | Martin | 54 | Oostende | H3 | 00:47:20 | 1965 | 11,50 |
| 141 | Deramoudt | Marc | 134 | Lombardsijde | H4 | 00:47:24 | 1955 | 11,49 |
| 142 | Mettepenningen | Lucien | 336 | Oostende | H4 | 00:47:25 | 1951 | 11,48 |
| 143 | Vekshins | Yordi | 73 | Oostende | H1 | 00:47:29 | 1996 | 11,47 |
| 144 | Vanhulst | Christian | 117 | Oostende | H3 | 00:47:41 | 1958 | 11,42 |
| 145 | Logghe | Eddy | 118 | Ettelgem | H2 | 00:48:20 | 1970 | 11,27 |
| 146 | Marlein | Kris | 348 | Oostende | H1 | 00:48:42 | 1979 | 11,18 |
| 147 | Brissinck | Daniël | 80 | Oostende | H4 | 00:49:00 | 1953 | 11,11 |
| 148 | Catoor | Franky | 28 | Bredene | H3 | 00:49:03 | 1963 | 11,10 |
| 149 | Boret | Francky | 65 | Oudenburg | H3 | 00:49:14 | 1965 | 11,06 |
| 150 | Dhondt | Chris | 212 | Oostende | H3 | 00:49:16 | 1965 | 11,05 |
| 151 | Van Waeyenberge | Robert | 41 | Bredene | H4 | 00:49:19 | 1949 | 11,04 |
| 152 | Illegems | François | 124 | Hingene | H4 | 00:49:23 | 1947 | 11,03 |
| 153 | Verleye | Kristof | 174 | Eernegem | H2 | 00:49:47 | 1975 | 10,94 |
| 154 | Carette | Mario | 216 | Oostende | H2 | 00:49:49 | 1967 | 10,93 |
| 155 | Desmet | Eric | 189 | Oostende | H4 | 00:49:56 | 1952 | 10,90 |
| 156 | Van Hee | Dirk | 46 | Oostende | H4 | 00:50:44 | 1948 | 10,73 |
| 157 | Derijnck | Frank | 156 | Oostende | H3 | 00:50:46 | 1961 | 10,73 |
| 158 | Schuyesmans | Luc | 91 | Oostende | H3 | 00:50:48 | 1964 | 10,72 |
| 159 | Tanghe | Patrick | 190 | Gistel | H3 | 00:51:09 | 1956 | 10,65 |
| 160 | Haegeman | Jean | 175 | Oostende | H4 | 00:54:32 | 1947 | 9,98 |
| 161 | Rotsaert | Luc | 251 | Oostende | H2 | 00:54:33 | 1971 | 9,98 |

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| Rond de Nieuwe Koerswijk | | | | | Dames | 8/09/2010 | 6.050 meter | |
|--------------------------|-----------------|-----------------|----------|--------------------|-------|-----------|-------------|-------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | km/u |
| 1 | Hertveldt | Heidi | 37 | Middelkerke | D2 | 00:23:09 | 1975 | 15,68 |
| 2 | Pieters | Evy | 125 | Oostende | D1 | 00:23:23 | 1987 | 15,52 |
| 3 | Deruddere | Lies | 167 | Wevelgem | D1 | 00:23:29 | 1986 | 15,46 |
| 4 | Lesage | Lut | 72 | Diksmuide | D2 | 00:25:20 | 1969 | 14,33 |
| 5 | Malfait | Marjan | 163 | Blankenberge | D3 | 00:25:25 | 1957 | 14,28 |
| 6 | Peeters | Chris | 115 | Blankenberge | D3 | 00:25:49 | 1964 | 14,06 |
| 7 | Leyre | Erna | 22 | Oostende | D3 | 00:25:51 | 1963 | 14,04 |
| 8 | Coopman | Sabrina | 192 | Bredene | D2 | 00:26:18 | 1972 | 13,80 |
| 9 | Reynaert | Eva | 238 | Oostende | D1 | 00:26:27 | 1980 | 13,72 |
| 10 | Strubbe | Fabienne | 75 | Oudenburg | D2 | 00:26:33 | 1967 | 13,67 |
| 11 | Maes | Marleen | 5 | Oostende | D3 | 00:27:07 | 1963 | 13,39 |
| 12 | Vanhessche | Ulrike | 153 | Oudenburg | D2 | 00:28:14 | 1975 | 12,86 |
| 13 | Timmerman | Sandra | 29 | Oostende | D2 | 00:28:19 | 1969 | 12,82 |
| 14 | Note | Carine | 146 | Lombardsijde | D2 | 00:28:29 | 1975 | 12,74 |
| 15 | Breyne | Marleen | 35 | Oostende | D3 | 00:28:39 | 1960 | 12,67 |
| 16 | Verplancke | Liesbeth | 236 | Oudenburg | D1 | 00:28:48 | 1981 | 12,60 |
| 17 | Heusequin | Christel | 340 | Bredene | D2 | 00:29:01 | 1971 | 12,51 |
| 18 | Descamps | Valerie | 206 | Oostende | D1 | 00:29:04 | 1980 | 12,49 |
| 19 | Coenen | Jeannine | 4 | Ravels | D4 | 00:29:08 | 1953 | 12,46 |
| 20 | Bauwens | Dana | 164 | Blankenberge | D1 | 00:29:11 | 1988 | 12,44 |
| 21 | Steelandt | Cathy | 235 | Oudenburg | D1 | 00:29:16 | 1983 | 12,40 |
| 22 | Vanhix | Ellen | 62 | Oostende | D1 | 00:29:38 | 1989 | 12,25 |
| 23 | Huttener | Sylvia | 253 | Oostende | D2 | 00:29:40 | 1969 | 12,24 |
| 24 | Van Samang | Ann | 152 | Brugge St. Andries | D2 | 00:29:50 | 1970 | 12,17 |
| 25 | Jaecques | Hilde | 149 | Gistel | D2 | 00:29:54 | 1970 | 12,14 |
| 26 | Deschrijvere | Jeannine | 48 | Oostende | D2 | 00:29:58 | 1966 | 12,11 |
| 27 | Pauwels | Valerie | 50 | Gistel | D2 | 00:30:08 | 1975 | 12,05 |
| 28 | De Nys | Viviane | 1 | Oostende | D4 | 00:30:09 | 1949 | 12,04 |
| 29 | Leuwens | Carine | 154 | Reninge | D2 | 00:30:41 | 1972 | 11,83 |
| 30 | Rotsaert | Martine | 252 | Oostende | D3 | 00:30:57 | 1964 | 11,73 |
| 31 | Hertveldt | Kathy | 36 | Oostende | D1 | 00:31:35 | 1977 | 11,49 |
| 32 | Plasschaert | Lise | 43 | Oostende | D1 | 00:31:51 | 1987 | 11,40 |
| 33 | Jacobs | Kristien | 120 | Oostende | D3 | 00:31:52 | 1962 | 11,39 |
| 34 | Burggraeve | Leentje | 15 | Bredene | D3 | 00:31:54 | 1959 | 11,38 |
| 35 | Vandendriessche | Sonja | 141 | Oostende | D3 | 00:31:55 | 1959 | 11,37 |
| 36 | Cremeringer | Inge | 179 | Oostende | D1 | 00:32:09 | 1989 | 11,29 |
| 37 | De Clercq | Rita | 12 | Oostende | D3 | 00:32:18 | 1965 | 11,24 |
| 38 | Luca | Evelien | 140 | Oostende | D4 | 00:32:20 | 1952 | 11,23 |
| 39 | Pierloot | Sonja | 30 | Oostende | D2 | 00:32:24 | 1968 | 11,20 |
| 40 | Boels | Vera | 142 | Zellik | D3 | 00:32:27 | 1959 | 11,19 |
| 41 | Desanghere | Ina | 155 | Oostende | D3 | 00:32:55 | 1964 | 11,03 |
| 42 | Van Severen | Jeannique | 335 | Oostende | D2 | 00:32:57 | 1967 | 11,02 |
| 43 | Vandaele | Marleen | 220 | Oostende | D2 | 00:33:21 | 1968 | 10,88 |
| 44 | Wallaert | Corinne | 33 | Oostende | D2 | 00:33:35 | 1970 | 10,81 |
| 45 | Quartier | Jaimie | 96 | Bredene | D1 | 00:33:42 | 1977 | 10,77 |
| 46 | Roosen | Patricia | 194 | Oostende | D2 | 00:34:09 | 1970 | 10,63 |
| 47 | Heinderson | Fabienne | 104 | Oostende | D3 | 00:34:10 | 1963 | 10,62 |
| 48 | Desmet | Marianne | 97 | Wevelgem | D3 | 00:34:19 | 1964 | 10,58 |
| 49 | Perard | Nathalie | 20 | Oostende | D2 | 00:34:49 | 1969 | 10,43 |
| 50 | Bendels | Cindy | 191 | Nieuwpoort | D2 | 00:35:07 | 1974 | 10,34 |
| 51 | Huwel | Agnes | 16 | Oostende | D4 | 00:35:11 | 1951 | 10,32 |
| 52 | Van Parijs | Marleen | 26 | Bredene | D3 | 00:35:38 | 1964 | 10,19 |
| 53 | Denys | Nathalie | 168 | Oostende | D2 | 00:35:44 | 1973 | 10,16 |
| 54 | Wallaert | Marie-Christine | 34 | Oostende | D2 | 00:35:49 | 1966 | 10,13 |
| 55 | Nolf | Nele | 56 | Oudenburg | D4 | 00:35:55 | 1955 | 10,11 |
| 56 | Janssens | Carine | 346 | Oostende | D3 | 00:36:07 | 1965 | 10,05 |
| 57 | Vandepoele | Marleen | 31 | Oostende | D3 | 00:36:12 | 1962 | 10,03 |
| 58 | Soete | Natacha | 133 | Lombardsijde | D2 | 00:36:36 | 1970 | 9,92 |
| 59 | Coulier | Nel | 193 | Oostende | D1 | 00:37:05 | 1983 | 9,79 |
| 60 | Hamers | Lilian | 135 | Oostende | D4 | 00:37:25 | 1946 | 9,70 |

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| | | | | | | | | |
|----|-----------|------------|-----|--------------|----|----------|------|------|
| 61 | De Zutter | Carine | 161 | Blankenberge | D3 | 00:37:47 | 1964 | 9,61 |
| 62 | Tahon | Christel | 39 | Oostende | D3 | 00:40:05 | 1964 | 9,06 |
| 63 | Depuydt | Bernadette | 51 | Oostende | D4 | 00:40:08 | 1949 | 9,04 |

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| Rond de Nieuwe Koerswijk | | | | | Dames | 8/09/2010 | 6.050 meter | |
|--------------------------|-----------------|-----------|----------|--------------------|-------|-----------|-------------|-------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | km/u |
| 1 | Hertveldt | Heidi | 37 | Middelkerke | D2 | 00:23:09 | 1975 | 15,68 |
| 2 | Pieters | Evy | 125 | Oostende | D1 | 00:23:23 | 1987 | 15,52 |
| 3 | Deruddere | Lies | 167 | Wevelgem | D1 | 00:23:29 | 1986 | 15,46 |
| 4 | Lesage | Lut | 72 | Diksmuide | D2 | 00:25:20 | 1969 | 14,33 |
| 5 | Malfait | Marjan | 163 | Blankenberge | D3 | 00:25:25 | 1957 | 14,28 |
| 6 | Peeters | Chris | 115 | Blankenberge | D3 | 00:25:49 | 1964 | 14,06 |
| 7 | Leyre | Erna | 22 | Oostende | D3 | 00:25:51 | 1963 | 14,04 |
| 8 | Coopman | Sabrina | 192 | Bredene | D2 | 00:26:18 | 1972 | 13,80 |
| 9 | Reynaert | Eva | 238 | Oostende | D1 | 00:26:27 | 1980 | 13,72 |
| 10 | Strubbe | Fabienne | 75 | Oudenburg | D2 | 00:26:33 | 1967 | 13,67 |
| 11 | Maes | Marleen | 5 | Oostende | D3 | 00:27:07 | 1963 | 13,39 |
| 12 | Van Houcke | Karel | 186 | Brugge | H5 | 00:27:09 | 1945 | 13,37 |
| 13 | Geldhof | Johnny | 98 | De Panne | H5 | 00:28:03 | 1945 | 12,94 |
| 14 | Vanhessche | Ulrike | 153 | Oudenburg | D2 | 00:28:14 | 1975 | 12,86 |
| 15 | Timmerman | Sandra | 29 | Oostende | D2 | 00:28:19 | 1969 | 12,82 |
| 16 | Note | Carine | 146 | Lombardsijde | D2 | 00:28:29 | 1975 | 12,74 |
| 17 | Breyne | Marleen | 35 | Oostende | D3 | 00:28:39 | 1960 | 12,67 |
| 18 | Verplancke | Liesbeth | 236 | Oudenburg | D1 | 00:28:48 | 1981 | 12,60 |
| 19 | Knockaert | Dirk | 111 | Oudenburg | H5 | 00:28:55 | 1944 | 12,55 |
| 20 | Heusequin | Christel | 340 | Bredene | D2 | 00:29:01 | 1971 | 12,51 |
| 21 | Descamps | Valerie | 206 | Oostende | D1 | 00:29:04 | 1980 | 12,49 |
| 22 | Coenen | Jeannine | 4 | Ravels | D4 | 00:29:08 | 1953 | 12,46 |
| 23 | Bauwens | Dana | 164 | Blankenberge | D1 | 00:29:11 | 1988 | 12,44 |
| 24 | Steelandt | Cathy | 235 | Oudenburg | D1 | 00:29:16 | 1983 | 12,40 |
| 25 | Vanhixe | Ellen | 62 | Oostende | D1 | 00:29:38 | 1989 | 12,25 |
| 26 | Huttener | Sylvia | 253 | Oostende | D2 | 00:29:40 | 1969 | 12,24 |
| 27 | Van Samang | Ann | 152 | Brugge St. Andries | D2 | 00:29:50 | 1970 | 12,17 |
| 28 | Jaecques | Hilde | 149 | Gistel | D2 | 00:29:54 | 1970 | 12,14 |
| 29 | Deschrijvere | Jeannine | 48 | Oostende | D2 | 00:29:58 | 1966 | 12,11 |
| 30 | Commeine | Roger | 81 | Kortemark | H5 | 00:29:59 | 1938 | 12,11 |
| 31 | Pauwels | Valerie | 50 | Gistel | D2 | 00:30:08 | 1975 | 12,05 |
| 32 | De Nys | Viviane | 1 | Oostende | D4 | 00:30:09 | 1949 | 12,04 |
| 33 | Leuwers | Carine | 154 | Reninge | D2 | 00:30:41 | 1972 | 11,83 |
| 34 | Rotsaert | Martine | 252 | Oostende | D3 | 00:30:57 | 1964 | 11,73 |
| 35 | Samyn | Paul | 185 | Brugge | H5 | 00:31:11 | 1944 | 11,64 |
| 36 | Hertveldt | Kathy | 36 | Oostende | D1 | 00:31:35 | 1977 | 11,49 |
| 37 | Plasschaert | Lise | 43 | Oostende | D1 | 00:31:51 | 1987 | 11,40 |
| 38 | Jacobs | Kristien | 120 | Oostende | D3 | 00:31:52 | 1962 | 11,39 |
| 39 | Burggraeve | Leentje | 15 | Bredene | D3 | 00:31:54 | 1959 | 11,38 |
| 40 | Vandendriessche | Sonja | 141 | Oostende | D3 | 00:31:55 | 1959 | 11,37 |
| 41 | Creminger | Inge | 179 | Oostende | D1 | 00:32:09 | 1989 | 11,29 |
| 42 | De Clercq | Rita | 12 | Oostende | D3 | 00:32:18 | 1965 | 11,24 |
| 43 | Luca | Evelien | 140 | Oostende | D4 | 00:32:20 | 1952 | 11,23 |
| 44 | Pillu | Fernand | 38 | Oostende | H5 | 00:32:22 | 1934 | 11,22 |
| 45 | Pierloot | Sonja | 30 | Oostende | D2 | 00:32:24 | 1968 | 11,20 |
| 46 | Boels | Vera | 142 | Zellik | D3 | 00:32:27 | 1959 | 11,19 |
| 47 | Knockaert | Roger | 57 | Ooskamp | H5 | 00:32:30 | 1933 | 11,17 |
| 48 | Desanghere | Ina | 155 | Oostende | D3 | 00:32:55 | 1964 | 11,03 |
| 49 | Van Severen | Jeannique | 335 | Oostende | D2 | 00:32:57 | 1967 | 11,02 |
| 50 | Van Parijs | Willy | 25 | Putte | H5 | 00:33:17 | 1937 | 10,91 |
| 51 | Milants | Gilbert | 11 | De Haan | H5 | 00:33:19 | 1943 | 10,90 |
| 52 | Vandaele | Marleen | 220 | Oostende | D2 | 00:33:21 | 1968 | 10,88 |
| 53 | Wallaert | Corinne | 33 | Oostende | D2 | 00:33:35 | 1970 | 10,81 |
| 54 | Quartier | Jaimie | 96 | Bredene | D1 | 00:33:42 | 1977 | 10,77 |
| 55 | Delanghe | Norbert | 59 | Oostende | H5 | 00:33:49 | 1943 | 10,73 |
| 56 | Roosen | Patricia | 194 | Oostende | D2 | 00:34:09 | 1970 | 10,63 |
| 57 | Heinderson | Fabienne | 104 | Oostende | D3 | 00:34:10 | 1963 | 10,62 |
| 58 | Van Bossche | Etienne | 40 | Oostende | H5 | 00:34:12 | 1938 | 10,61 |
| 59 | Desmet | Marianne | 97 | Wevelgem | D3 | 00:34:19 | 1964 | 10,58 |
| 60 | Perard | Nathalie | 20 | Oostende | D2 | 00:34:49 | 1969 | 10,43 |

Oostends Loopcriterium

| | | | | | | | | |
|----|-------------|-----------------|-----|--------------|----|----------|------|-------|
| 61 | Bendels | Cindy | 191 | Nieuwpoort | D2 | 00:35:07 | 1974 | 10,34 |
| 62 | Huwel | Agnes | 16 | Oostende | D4 | 00:35:11 | 1951 | 10,32 |
| 63 | Van Parijs | Marleen | 26 | Bredene | D3 | 00:35:38 | 1964 | 10,19 |
| 64 | Denys | Nathalie | 168 | Oostende | D2 | 00:35:44 | 1973 | 10,16 |
| 65 | Wallaert | Marie-Christine | 34 | Oostende | D2 | 00:35:49 | 1966 | 10,13 |
| 66 | Nolf | Nele | 56 | Oudenburg | D4 | 00:35:55 | 1955 | 10,11 |
| 67 | Schuyesmans | Edmond | 3 | Oostende | H5 | 00:35:56 | 1936 | 10,10 |
| 68 | Janssens | Carine | 346 | Oostende | D3 | 00:36:07 | 1965 | 10,05 |
| 69 | De Laere | François | 9 | Oostende | H5 | 00:36:10 | 1944 | 10,04 |
| 70 | Vandepoele | Marleen | 31 | Oostende | D3 | 00:36:12 | 1962 | 10,03 |
| 71 | Soete | Natacha | 133 | Lombardsijde | D2 | 00:36:36 | 1970 | 9,92 |
| 72 | Coulier | Nel | 193 | Oostende | D1 | 00:37:05 | 1983 | 9,79 |
| 73 | Hamers | Lilian | 135 | Oostende | D4 | 00:37:25 | 1946 | 9,70 |
| 74 | De Zutter | Carine | 161 | Blankenberge | D3 | 00:37:47 | 1964 | 9,61 |
| 75 | Tahon | Christel | 39 | Oostende | D3 | 00:40:05 | 1964 | 9,06 |
| 76 | Depuydt | Bernadette | 51 | Oostende | D4 | 00:40:08 | 1949 | 9,04 |
| 77 | Van Akker | Roger | 87 | Brussel | H5 | 00:53:43 | 1944 | 6,76 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Heren 1 | 8/09/2010 | 9.075 meter | |
|--------------------------|---------------|------------|----------|---------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Stieperaere | Davy | 166 | Varsenare | H1 | 00:30:32 | 1985 | 161 |
| 2 | Coopman | Lorenzo | 234 | Oostende | H1 | 00:31:00 | 1976 | 160 |
| 3 | Garnes | Lennard | 169 | Noorwegen | H1 | 00:31:57 | 1978 | 158 |
| 4 | Hosten | Martijn | 108 | Ichtegem | H1 | 00:32:29 | 1993 | 156 |
| 5 | Van Belleghem | Timothy | 70 | Assebroek | H1 | 00:32:50 | 1983 | 154 |
| 6 | Creminger | Bart | 178 | Oostende | H1 | 00:33:04 | 1992 | 152 |
| 7 | Ameloot | Frederik | 42 | Oostende | H1 | 00:33:10 | 1977 | 151 |
| 8 | Verlet | Ben | 339 | Oostende | H1 | 00:33:58 | 1979 | 149 |
| 9 | Florisone | Hans | 338 | Oostende | H1 | 00:34:33 | 1979 | 142 |
| 10 | Verbiest | Karel | 208 | Knokke | H1 | 00:35:01 | 1979 | 136 |
| 11 | Knockaert | Kevin | 112 | Oudenburg | H1 | 00:35:28 | 1993 | 129 |
| 12 | Sandra | Dieter | 110 | Oostende | H1 | 00:35:47 | 1981 | 126 |
| 13 | Poiz | Sigurd | 205 | Oostende | H1 | 00:35:52 | 1979 | 125 |
| 14 | Lust | Christophe | 171 | Oostduinkerke | H1 | 00:36:17 | 1977 | 122 |
| 15 | Casteleyn | David | 188 | Oostende | H1 | 00:36:20 | 1979 | 121 |
| 16 | Franco | Niek | 187 | Oostende | H1 | 00:36:23 | 1977 | 120 |
| 17 | Westerlinck | Stefaan | 10 | Kortrijk | H1 | 00:36:44 | 1978 | 114 |
| 18 | Vermeulen | Niels | 219 | Oostende | H1 | 00:36:57 | 1995 | 112 |
| 19 | Coucke | Nicolas | 201 | Veurne | H1 | 00:37:13 | 1996 | 109 |
| 20 | Thieren | Dieter | 172 | Leffinge | H1 | 00:37:17 | 1984 | 108 |
| 21 | Jaques | Stijn | 109 | Torhout | H1 | 00:37:20 | 1991 | 107 |
| 22 | Patoor | Jeroen | 68 | Lochristi | H1 | 00:37:27 | 1995 | 106 |
| 23 | Deknudt | Mario | 240 | Leffinge | H1 | 00:38:19 | 1977 | 100 |
| 24 | Beyen | Benny | 184 | Oostende | H1 | 00:38:23 | 1986 | 99 |
| 25 | Ducheyne | Stevin | 244 | Oostende | H1 | 00:38:25 | 1987 | 98 |
| 26 | Maes | Diede | 344 | Oostende | H1 | 00:38:32 | 1979 | 96 |
| 27 | Patoor | Jonas | 69 | Lochristi | H1 | 00:38:34 | 1992 | 95 |
| 28 | Vanmulleem | Christoph | 224 | Eernegem | H1 | 00:38:41 | 1979 | 92 |
| 29 | Van Belleghem | Wim | 226 | Ichtegem | H1 | 00:40:03 | 1978 | 80 |
| 30 | Gesquiere | Philip | 345 | Veurne | H1 | 00:40:11 | 1982 | 79 |
| 31 | Vanmassenhove | Stefaan | 210 | Oostende | H1 | 00:40:15 | 1983 | 77 |
| 32 | Biemstman | Jeroen | 61 | Oostende | H1 | 00:40:36 | 1994 | 75 |
| 33 | Poorteman | Kristof | 95 | Bredene | H1 | 00:40:51 | 1978 | 71 |
| 34 | Passchyn | Maarten | 332 | Oostende | H1 | 00:40:57 | 1982 | 70 |
| 35 | Quaegebeur | Bruno | 94 | Oostende | H1 | 00:41:40 | 1977 | 67 |
| 36 | Pluij | Jeffrey | 113 | Lombardsijde | H1 | 00:42:59 | 1982 | 56 |
| 37 | Waeyaert | Pedro | 6 | Oostende | H1 | 00:43:06 | 1978 | 54 |
| 38 | Daemens | Nicolas | 66 | Gent | H1 | 00:43:23 | 1977 | 48 |
| 39 | Vandecasteele | Wouter | 44 | Oostende | H1 | 00:44:06 | 1981 | 44 |
| 40 | Lasat | Jens | 157 | Oudenburg | H1 | 00:44:10 | 1994 | 42 |
| 41 | Bossuyt | Tijs | 177 | Hulste | H1 | 00:44:52 | 1987 | 37 |
| 42 | Vermeulen | Lars | 217 | Oostende | H1 | 00:46:15 | 1995 | 31 |
| 43 | Depoorter | Jim | 245 | Oostende | H1 | 00:46:20 | 1993 | 30 |
| 44 | Boterberg | Jan | 214 | Oostende | H1 | 00:46:29 | 1986 | 27 |
| 45 | Sanders | Thomas | 89 | Oostende | H1 | 00:46:30 | 1990 | 26 |
| 46 | Vekshins | Yordi | 73 | Oostende | H1 | 00:47:29 | 1996 | 19 |
| 47 | Marlein | Kris | 348 | Oostende | H1 | 00:48:42 | 1979 | 16 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Heren 2 | 8/09/2010 | 9.075 meter | |
|--------------------------|-------------|------------|----------|--------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Verbeke | Dominique | 127 | Bredene | H2 | 00:31:07 | 1971 | 159 |
| 2 | Debreyne | Frederic | 137 | De Haan | H2 | 00:33:02 | 1971 | 153 |
| 3 | Hamers | Peter | 182 | Oostende | H2 | 00:33:13 | 1969 | 150 |
| 4 | Tondelier | Dimitri | 176 | Leffinge | H2 | 00:34:05 | 1971 | 148 |
| 5 | Wathy | Johan | 86 | Gistel | H2 | 00:34:11 | 1967 | 147 |
| 6 | Tackx | Koen | 183 | Brussel | H2 | 00:34:16 | 1969 | 145 |
| 7 | Quartier | Christophe | 129 | Oostende | H2 | 00:34:36 | 1966 | 141 |
| 8 | Vantygghem | Vincent | 213 | Eernegem | H2 | 00:34:41 | 1972 | 139 |
| 9 | Liekens | Peter | 230 | Middelkerke | H2 | 00:34:56 | 1967 | 138 |
| 10 | Jonckheere | Koen | 147 | Oostende | H2 | 00:35:14 | 1975 | 133 |
| 11 | Deramoudt | Johan | 144 | Lombardsijde | H2 | 00:35:18 | 1970 | 132 |
| 12 | Coucke | Francis | 130 | Veurne | H2 | 00:35:21 | 1967 | 131 |
| 13 | Brackman | Thierry | 200 | Veurne | H2 | 00:35:53 | 1970 | 124 |
| 14 | Laenens | Gunther | 82 | Bredene | H2 | 00:36:25 | 1971 | 119 |
| 15 | Tanghe | Philippe | 150 | Gistel | H2 | 00:36:39 | 1967 | 116 |
| 16 | Debacker | Curd | 77 | Oostende | H2 | 00:36:41 | 1972 | 115 |
| 17 | De Groote | Jurgen | 197 | Lombardsijde | H2 | 00:36:48 | 1970 | 113 |
| 18 | Luyckx | Gert | 92 | Ingelmunster | H2 | 00:37:00 | 1970 | 111 |
| 19 | Deleu | Peter | 162 | Wielsbeke | H2 | 00:38:04 | 1970 | 104 |
| 20 | Nuytten | Lode | 250 | Oostende | H2 | 00:38:36 | 1968 | 94 |
| 21 | Pille | Stefaan | 132 | Oostende | H2 | 00:38:45 | 1967 | 91 |
| 22 | Janssen | Jan | 241 | Veurne | H2 | 00:39:09 | 1970 | 88 |
| 23 | De Smedt | Tony | 211 | Bredene | H2 | 00:39:15 | 1971 | 87 |
| 24 | Lenaers | Clint | 2 | Oostende | H2 | 00:39:49 | 1970 | 83 |
| 25 | Vanhecke | Stefaan | 225 | Oostende | H2 | 00:40:40 | 1967 | 74 |
| 26 | Rammant | Johan | 151 | Gistel | H2 | 00:40:42 | 1971 | 73 |
| 27 | Viaene | Christ | 242 | Veurne | H2 | 00:41:37 | 1968 | 68 |
| 28 | Gabriels | Thierry | 337 | Jabbeke | H2 | 00:41:46 | 1974 | 65 |
| 29 | Vanhoucke | Kris | 195 | Oostende | H2 | 00:41:57 | 1968 | 63 |
| 30 | Vandaele | Kristof | 99 | Houthulst | H2 | 00:42:13 | 1974 | 62 |
| 31 | Claeys | Marino | 114 | Lombardsijde | H2 | 00:42:35 | 1972 | 59 |
| 32 | De Bruycker | Wim | 93 | Westende | H2 | 00:43:15 | 1975 | 51 |
| 33 | Steen | Vital | 342 | Bredene | H2 | 00:43:18 | 1972 | 50 |
| 34 | Milh | Lorenzo | 334 | Bredene | H2 | 00:43:20 | 1972 | 49 |
| 35 | Vijverman | Franky | 343 | Heldergem | H2 | 00:44:01 | 1971 | 45 |
| 36 | Mestach | Serge | 53 | Oostende | H2 | 00:44:08 | 1967 | 43 |
| 37 | Waeyaert | Peter | 8 | Oostende | H2 | 00:44:13 | 1969 | 41 |
| 38 | Vandezande | Michael | 237 | Oostende | H2 | 00:45:42 | 1972 | 33 |
| 39 | Mares | Tom | 204 | Oostende | H2 | 00:46:26 | 1975 | 28 |
| 40 | Lambert | Wim | 203 | Brugge | H2 | 00:46:52 | 1970 | 25 |
| 41 | Logghe | Eddy | 118 | Ettelgem | H2 | 00:48:20 | 1970 | 17 |
| 42 | Verleye | Kristof | 174 | Eernegem | H2 | 00:49:47 | 1975 | 9 |
| 43 | Carette | Mario | 216 | Oostende | H2 | 00:49:49 | 1967 | 8 |
| 44 | Rotsaert | Luc | 251 | Oostende | H2 | 00:54:33 | 1971 | 1 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Heren 3 | 8/09/2010 | 9.075 meter | |
|--------------------------|-----------------|-------------|----------|---------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | De Ketelaere | Luc | 207 | Gistel | H3 | 00:32:14 | 1962 | 157 |
| 2 | Boone | Dirk | 158 | Oostduinkerke | H3 | 00:32:32 | 1965 | 155 |
| 3 | Poppe | Alain | 13 | Oostende | H3 | 00:34:14 | 1962 | 146 |
| 4 | Puystjens | Gino | 119 | Lombardsijde | H3 | 00:34:23 | 1962 | 144 |
| 5 | Vrancken | Jacky | 202 | Bredene | H3 | 00:34:26 | 1959 | 143 |
| 6 | Vandenbergh | Dirk | 229 | Oudenburg | H3 | 00:34:59 | 1964 | 137 |
| 7 | Pacque | Hans | 199 | Nieuwpoort | H3 | 00:35:10 | 1963 | 135 |
| 8 | Rubben | Luc | 159 | Oostende | H3 | 00:35:24 | 1956 | 130 |
| 9 | Desmedt | Martin | 83 | Bredene | H3 | 00:35:30 | 1960 | 128 |
| 10 | Luypaert | Dirk | 27 | Oostende | H3 | 00:35:42 | 1964 | 127 |
| 11 | Naert | Marc | 232 | Oostende | H3 | 00:36:29 | 1965 | 118 |
| 12 | Thibout | Jean Marc | 52 | Oostende | H3 | 00:36:32 | 1958 | 117 |
| 13 | Hauweele | Erik | 63 | Lombardsijde | H3 | 00:37:33 | 1960 | 105 |
| 14 | Gulpen | Bart | 121 | Oostende | H3 | 00:38:10 | 1964 | 103 |
| 15 | Vermeersch | Peter | 209 | Bredene | H3 | 00:38:14 | 1965 | 102 |
| 16 | Sabbe | Geert | 223 | Oostende | H3 | 00:38:16 | 1960 | 101 |
| 17 | Dudal | Marc | 247 | Bredene | H3 | 00:38:39 | 1961 | 93 |
| 18 | Rogier | Martin | 248 | Snaaskerke | H3 | 00:38:56 | 1964 | 90 |
| 19 | Tyteca | Walter | 143 | Westende | H3 | 00:39:06 | 1957 | 89 |
| 20 | Devilder | Patrick | 139 | Sint-Andries | H3 | 00:39:41 | 1962 | 85 |
| 21 | Rau | Peter | 19 | Oostende | H3 | 00:39:58 | 1965 | 82 |
| 22 | Vermeulen | Gino | 222 | Oostende | H3 | 00:40:01 | 1964 | 81 |
| 23 | Provost | Rik | 160 | Oostende | H3 | 00:40:25 | 1963 | 76 |
| 24 | Devriendt | Johan | 76 | Oudenburg | H3 | 00:40:44 | 1963 | 72 |
| 25 | Pylyser | Sven | 49 | Bredene | H3 | 00:41:01 | 1965 | 69 |
| 26 | Declerck | Patrick | 100 | Woumen | H3 | 00:41:55 | 1962 | 64 |
| 27 | Decoster | Patrick | 103 | Izegem | H3 | 00:42:28 | 1960 | 61 |
| 28 | Houtteman | Wim | 173 | Oostende | H3 | 00:42:38 | 1960 | 58 |
| 29 | De Petter | Ronny | 181 | Wenduine | H3 | 00:42:44 | 1961 | 57 |
| 30 | Depoorter | Dirk | 246 | Oostende | H3 | 00:43:11 | 1963 | 53 |
| 31 | Jungbluth | Rudy | 233 | Oostende | H3 | 00:43:14 | 1965 | 52 |
| 32 | Werniers | Jean-Claude | 333 | Oostende | H3 | 00:43:29 | 1965 | 47 |
| 33 | Keukeleire | Paul | 148 | Brugge | H3 | 00:44:19 | 1956 | 40 |
| 34 | De Beuker | Bart | 347 | Oostende | H3 | 00:44:25 | 1960 | 39 |
| 35 | Catoor | Danny | 180 | Oostende | H3 | 00:45:11 | 1958 | 36 |
| 36 | Lootens | Jozef | 78 | Oostende | H3 | 00:45:13 | 1956 | 35 |
| 37 | Vandendriessche | Jacob | 47 | Oostende | H3 | 00:45:32 | 1961 | 34 |
| 38 | Jonckheere | Geert | 341 | Bredene | H3 | 00:46:12 | 1957 | 32 |
| 39 | Lutters | Jan | 349 | Oostende | H3 | 00:47:19 | 1964 | 23 |
| 40 | De Craemer | Martin | 54 | Oostende | H3 | 00:47:20 | 1965 | 22 |
| 41 | Vanhulst | Christian | 117 | Oostende | H3 | 00:47:41 | 1958 | 18 |
| 42 | Cattoor | Franky | 28 | Bredene | H3 | 00:49:03 | 1963 | 14 |
| 43 | Boret | Francky | 65 | Oudenburg | H3 | 00:49:14 | 1965 | 13 |
| 44 | Dhondt | Chris | 212 | Oostende | H3 | 00:49:16 | 1965 | 12 |
| 45 | Derijnck | Frank | 156 | Oostende | H3 | 00:50:46 | 1961 | 5 |
| 46 | Schuyesmans | Luc | 91 | Oostende | H3 | 00:50:48 | 1964 | 4 |
| 47 | Tanghe | Patrick | 190 | Gistel | H3 | 00:51:09 | 1956 | 3 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Heren 4 | 8/09/2010 | 9.075 meter | |
|--------------------------|------------------|----------|----------|--------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Patoor | Dirk | 67 | Lochristi | H4 | 00:34:39 | 1955 | 140 |
| 2 | Van Camp | Alfons | 165 | Hamme | H4 | 00:35:13 | 1953 | 134 |
| 3 | Schoolmeester | Jan | 64 | Oostende | H4 | 00:36:15 | 1954 | 123 |
| 4 | Deweert | Marc | 21 | Oostende | H4 | 00:37:07 | 1950 | 110 |
| 5 | Jonckheere | Patrick | 249 | Oostende | H4 | 00:38:28 | 1955 | 97 |
| 6 | Felaco | Roberto | 60 | Lodelinsart | H4 | 00:39:36 | 1948 | 86 |
| 7 | Demaegdt | Georges | 79 | Oostende | H4 | 00:39:46 | 1946 | 84 |
| 8 | Treve | Eric | 74 | Oostende | H4 | 00:40:12 | 1954 | 78 |
| 9 | Thieren | Marnix | 84 | Leffinge | H4 | 00:41:42 | 1955 | 66 |
| 10 | Germonprez | Ludwig | 14 | Bredene | H4 | 00:42:33 | 1955 | 60 |
| 11 | Lostrie | Walter | 18 | Oostende | H4 | 00:43:02 | 1947 | 55 |
| 12 | Van de Woestijne | Firmin | 24 | Watervliet | H4 | 00:43:50 | 1946 | 46 |
| 13 | Decock | Ronny | 45 | Oostende | H4 | 00:44:43 | 1955 | 38 |
| 14 | Vandamme | Daniël | 58 | Brugge | H4 | 00:46:24 | 1954 | 29 |
| 15 | David | Danny | 71 | Koekelare | H4 | 00:47:04 | 1955 | 24 |
| 16 | Deramoudt | Marc | 134 | Lombardsijde | H4 | 00:47:24 | 1955 | 21 |
| 17 | Mettepenningen | Lucien | 336 | Oostende | H4 | 00:47:25 | 1951 | 20 |
| 18 | Brissinck | Daniël | 80 | Oostende | H4 | 00:49:00 | 1953 | 15 |
| 19 | Van Waeyenberge | Robert | 41 | Bredene | H4 | 00:49:19 | 1949 | 11 |
| 20 | Illegems | François | 124 | Hingene | H4 | 00:49:23 | 1947 | 10 |
| 21 | Desmet | Eric | 189 | Oostende | H4 | 00:49:56 | 1952 | 7 |
| 22 | Van Hee | Dirk | 46 | Oostende | H4 | 00:50:44 | 1948 | 6 |
| 23 | Haegeman | Jean | 175 | Oostende | H4 | 00:54:32 | 1947 | 2 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Heren 5 | 8/09/2010 | 6.050 meter | |
|--------------------------|-------------|----------|----------|-----------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Van Houcke | Karel | 186 | Brugge | H5 | 00:27:09 | 1945 | 66 |
| 2 | Geldhof | Johnny | 98 | De Panne | H5 | 00:28:03 | 1945 | 65 |
| 3 | Knockaert | Dirk | 111 | Oudenburg | H5 | 00:28:55 | 1944 | 59 |
| 4 | Commeine | Roger | 81 | Kortemark | H5 | 00:29:59 | 1938 | 48 |
| 5 | Samyn | Paul | 185 | Brugge | H5 | 00:31:11 | 1944 | 43 |
| 6 | Pillu | Fernand | 38 | Oostende | H5 | 00:32:22 | 1934 | 34 |
| 7 | Knockaert | Roger | 57 | Ooskamp | H5 | 00:32:30 | 1933 | 31 |
| 8 | Van Parijs | Willy | 25 | Putte | H5 | 00:33:17 | 1937 | 28 |
| 9 | Milants | Gilbert | 11 | De Haan | H5 | 00:33:19 | 1943 | 27 |
| 10 | Delanghe | Norbert | 59 | Oostende | H5 | 00:33:49 | 1943 | 23 |
| 11 | Van Bossche | Etienne | 40 | Oostende | H5 | 00:34:12 | 1938 | 20 |
| 12 | Schuyesmans | Edmond | 3 | Oostende | H5 | 00:35:56 | 1936 | 11 |
| 13 | De Laere | François | 9 | Oostende | H5 | 00:36:10 | 1944 | 9 |
| 14 | Van Akker | Roger | 87 | Brussel | H5 | 00:53:43 | 1944 | 1 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Dames 1 | 8/09/2010 | 6.050 meter | |
|--------------------------|-------------|----------|----------|--------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Pieters | Evy | 125 | Oostende | D1 | 00:23:23 | 1987 | 76 |
| 2 | Deruddere | Lies | 167 | Wevelgem | D1 | 00:23:29 | 1986 | 75 |
| 3 | Reynaert | Eva | 238 | Oostende | D1 | 00:26:27 | 1980 | 69 |
| 4 | Verplancke | Liesbeth | 236 | Oudenburg | D1 | 00:28:48 | 1981 | 60 |
| 5 | Descamps | Valerie | 206 | Oostende | D1 | 00:29:04 | 1980 | 57 |
| 6 | Bauwens | Dana | 164 | Blankenberge | D1 | 00:29:11 | 1988 | 55 |
| 7 | Steelandt | Cathy | 235 | Oudenburg | D1 | 00:29:16 | 1983 | 54 |
| 8 | Vanhixe | Ellen | 62 | Oostende | D1 | 00:29:38 | 1989 | 53 |
| 9 | Hertveldt | Kathy | 36 | Oostende | D1 | 00:31:35 | 1977 | 42 |
| 10 | Plasschaert | Lise | 43 | Oostende | D1 | 00:31:51 | 1987 | 41 |
| 11 | Creminger | Inge | 179 | Oostende | D1 | 00:32:09 | 1989 | 37 |
| 12 | Quartier | Jaimie | 96 | Bredene | D1 | 00:33:42 | 1977 | 24 |
| 13 | Coulier | Nel | 193 | Oostende | D1 | 00:37:05 | 1983 | 6 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Dames 2 | 8/09/2010 | 6.050 meter | |
|--------------------------|--------------|-----------------|----------|--------------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Hertveldt | Heidi | 37 | Middelkerke | D2 | 00:23:09 | 1975 | 77 |
| 2 | Lesage | Lut | 72 | Diksmuide | D2 | 00:25:20 | 1969 | 74 |
| 3 | Coopman | Sabrina | 192 | Bredene | D2 | 00:26:18 | 1972 | 70 |
| 4 | Strubbe | Fabienne | 75 | Oudenburg | D2 | 00:26:33 | 1967 | 68 |
| 5 | Vanhessche | Ulrike | 153 | Oudenburg | D2 | 00:28:14 | 1975 | 64 |
| 6 | Timmerman | Sandra | 29 | Oostende | D2 | 00:28:19 | 1969 | 63 |
| 7 | Note | Carine | 146 | Lombardsijde | D2 | 00:28:29 | 1975 | 62 |
| 8 | Heusequin | Christel | 340 | Bredene | D2 | 00:29:01 | 1971 | 58 |
| 9 | Huttener | Sylvia | 253 | Oostende | D2 | 00:29:40 | 1969 | 52 |
| 10 | Van Samang | Ann | 152 | Brugge St. Andries | D2 | 00:29:50 | 1970 | 51 |
| 11 | Jaecques | Hilde | 149 | Gistel | D2 | 00:29:54 | 1970 | 50 |
| 12 | Deschrijvere | Jeannine | 48 | Oostende | D2 | 00:29:58 | 1966 | 49 |
| 13 | Pauwels | Valerie | 50 | Gistel | D2 | 00:30:08 | 1975 | 47 |
| 14 | Leuwers | Carine | 154 | Reninge | D2 | 00:30:41 | 1972 | 45 |
| 15 | Pierloot | Sonja | 30 | Oostende | D2 | 00:32:24 | 1968 | 33 |
| 16 | Van Severen | Jeannique | 335 | Oostende | D2 | 00:32:57 | 1967 | 29 |
| 17 | Vandaele | Marleen | 220 | Oostende | D2 | 00:33:21 | 1968 | 26 |
| 18 | Wallaert | Corinne | 33 | Oostende | D2 | 00:33:35 | 1970 | 25 |
| 19 | Roosen | Patricia | 194 | Oostende | D2 | 00:34:09 | 1970 | 22 |
| 20 | Perard | Nathalie | 20 | Oostende | D2 | 00:34:49 | 1969 | 18 |
| 21 | Bendels | Cindy | 191 | Nieuwpoort | D2 | 00:35:07 | 1974 | 17 |
| 22 | Denys | Nathalie | 168 | Oostende | D2 | 00:35:44 | 1973 | 14 |
| 23 | Wallaert | Marie-Christine | 34 | Oostende | D2 | 00:35:49 | 1966 | 13 |
| 24 | Soete | Natacha | 133 | Lombardsijde | D2 | 00:36:36 | 1970 | 7 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Dames 3 | 8/09/2010 | 6.050 meter | |
|--------------------------|-----------------|----------|----------|--------------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Malfait | Marjan | 163 | Blankenberge | D3 | 00:25:25 | 1957 | 73 |
| 2 | Peeters | Chris | 115 | Blankenberge | D3 | 00:25:49 | 1964 | 72 |
| 3 | Leyre | Erna | 22 | Oostende | D3 | 00:25:51 | 1963 | 71 |
| 4 | Maes | Marleen | 5 | Oostende | D3 | 00:27:07 | 1963 | 67 |
| 5 | Breyne | Marleen | 35 | Oostende | D3 | 00:28:39 | 1960 | 61 |
| 6 | Rotsaert | Martine | 252 | Oostende | D3 | 00:30:57 | 1964 | 44 |
| 7 | Jacobs | Kristien | 120 | Oostende | D3 | 00:31:52 | 1962 | 40 |
| 8 | Burggraeve | Leentje | 15 | Bredene | D3 | 00:31:54 | 1959 | 39 |
| 9 | Vandendriessche | Sonja | 141 | Oostende | D3 | 00:31:55 | 1959 | 38 |
| 10 | De Clercq | Rita | 12 | Oostende | D3 | 00:32:18 | 1965 | 36 |
| 11 | Boels | Vera | 142 | Zellik | D3 | 00:32:27 | 1959 | 32 |
| 12 | Desanghere | Ina | 155 | Oostende | D3 | 00:32:55 | 1964 | 30 |
| 13 | Heinderson | Fabienne | 104 | Oostende | D3 | 00:34:10 | 1963 | 21 |
| 14 | Desmet | Marianne | 97 | Wevelgem | D3 | 00:34:19 | 1964 | 19 |
| 15 | Van Parijs | Marleen | 26 | Bredene | D3 | 00:35:38 | 1964 | 15 |
| 16 | Janssens | Carine | 346 | Oostende | D3 | 00:36:07 | 1965 | 10 |
| 17 | Vandepoele | Marleen | 31 | Oostende | D3 | 00:36:12 | 1962 | 8 |
| 18 | De Zutter | Carine | 161 | Blankenberge | D3 | 00:37:47 | 1964 | 4 |
| 19 | Tahon | Christel | 39 | Oostende | D3 | 00:40:05 | 1964 | 3 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | Dames 4 | 8/09/2010 | 6.050 meter | |
|--------------------------|---------|------------|----------|-----------|---------|-----------|-------------|--------|
| rang | naam | voornaam | borstnr. | gemeente | cat. | tijd | geboren | punten |
| 1 | Coenen | Jeannine | 4 | Ravels | D4 | 00:29:08 | 1953 | 56 |
| 2 | De Nys | Viviane | 1 | Oostende | D4 | 00:30:09 | 1949 | 46 |
| 3 | Luca | Evelien | 140 | Oostende | D4 | 00:32:20 | 1952 | 35 |
| 4 | Huwel | Agnes | 16 | Oostende | D4 | 00:35:11 | 1951 | 16 |
| 5 | Nolf | Nele | 56 | Oudenburg | D4 | 00:35:55 | 1955 | 12 |
| 6 | Hamers | Lilian | 135 | Oostende | D4 | 00:37:25 | 1946 | 5 |
| 7 | Depuydt | Bernadette | 51 | Oostende | D4 | 00:40:08 | 1949 | 2 |

Oostends Loopcriterium

| Rond de Nieuwe Koerswijk | | | | | St.-to-Run | 8/09/2010 |
|--------------------------|----------|-------------|-----------|-----------|------------|-----------|
| Naam | Voornaam | Borstnummer | Gemeente | Categorie | Tijd | Geboren |
| Schuyesmans | Hans | 506 | Oostende | STR | 00:12:53 | 1996 |
| Servranckx | Maurice | 523 | Oostende | STR | 00:19:50 | 1948 |
| Vannevel | Ignace | 505 | Oostkamp | STR | 00:27:58 | 1965 |
| Vyittersgrot | Patrick | 510 | Oostende | STR | 00:29:43 | 1970 |
| Muller | Shawn | 502 | Oostende | STR | 00:30:30 | 1996 |
| Mortier | Dirk | 508 | Oedelem | STR | 00:32:04 | 1952 |
| Sergeant | Marnix | 509 | Merendree | STR | 00:32:05 | 1946 |
| Swennen | Gilbert | 517 | Oostende | STR | 00:33:07 | 1950 |
| Clarysse | Maxim | 507 | Leffinge | STR | 00:33:40 | 1998 |
| Hintjes | Robin | 501 | Bredene | STR | 00:36:54 | 1995 |
| Drieghe | Patrick | 514 | Bredene | STR | 00:37:11 | 1969 |